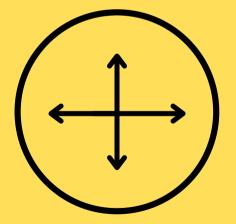
# **TNWI**

The modern world requires an understanding of reality that many are blind to.

If we continue on the path we are now, then extinction is the ONLY direction we are headed



### Why does this exist?

Many will ask this question, why have you created an ideology where there are so many religions that exist?

That's exactly why I did it

Religions we currently follow were based on the daily events that would consistently drag on thousands of years ago.

There is no modern ideology, and today that is about to change.

Now if you are reading this and you really believe there is some kind of divine being in the metaphorical clouds watching over us, you might as well close this book right now, cause you need to reach a form of enlightenment you have yet to find

NOTHING in this book will be compulsory, but it will form part of guidelines according to which you should live your life. Now can you just nitpick certain things in this book and believe what you want? Most certainly, but only to a certain extent

In this book there are core fundementals that every follower of this ideology need to follow or acknowledge

For without these core fundementals, following certain things is pointless

Im not pointing any fingers, but religions today force their followers to believe many things, and what ends up happening is the "followers", nitpick whatever they feel is humane and acceptable, then disregard anything else that stands in the holy book

Fist of all, Im not going to mass manipulate entire populations, justify murder, rape, racism etc

Something which many religions are doing today

#### NO - This ideology is here to do many things, including the following:

- Create Equality
- Mental Health Awareness and Healing
- Educate its Followers on Psychology
- Teach Biological Processes
- Common Guidelines Observable Today
- Address Stigmas
- Enforce Proper Education In All Forms

### ETC

First let's start out with the existence of the universe and how we understand it

## **EXISTENCE THEORY**

Existence ON EARTH, as we know it, happened 4,543 billion years ago.

Since then there have been countless civilizations before us, and there will most likely be life after us

According to scientific discovery there is absolutely ZERO way of knowing how the Earth came to be, but we DO KNOW where human kind came from

#### **Evolution**

Not a fan of evolution? Then this book isin't for you my friend

Going through all the biological processes, knowledge, and history - We can easily discern how humans came into existence

How? Through natural selection

How do we know natural selection is an actual thing? Ignoring the hundreds of thousands of studies done that prove it exists, there is actually a modern phenomena that 100% proves that is exists

#### **Dog Breeding**

How does dog breeding happen?

You look at a group of 4 dogs

2 of them are naturally less healthy and more prone to illness than the other two

The other two are faster, stronger, hardly get sick, and have ears that are a teensy tiny bit more pointed

Then what you do is make those 2 strong dogs breed, then you follow the exact same picking process for breeding you used the first time, and you keep doing this over and over and over and over

And then?

6 generations later you have dogs that are faster, stronger, have very pointy ears, and practically never get sick

But how did this happen?

Through non natural selection

You choose the dogs with the traits you want the most, then you make them breed with other who fall in the same category, this results in dogs who are more advanced in MANY ways

The same thing happened with human beings, only it happened over the span of thousands of years

Depending on where they lived, their appearance differs, but they all have one thing in common

Their intelligence is the highest of all races and creatures on Earth

How did this happen? Natural selection

#### Natural selection differs from synthetic breeding in that it happens through a natural process

#### 10,000 years ago a female would see two males

One was a little bit stronger than woman, a little bit faster than woman, incapable of leading, and lacked the intelligence to do very important tasks

The other one was MUCH stronger, MUCH faster, a very capable leader, and an excellent hunter

Which male do you think the female most desired to mate with?

#### EXACTLY

Its a no brainer

Thousands of years ago human beings procreated based on the traits the other has that would guarantee survival the most

# So here's everything about creation we DO know

- Earth was created by some unknown force 4,543 billion years ago
- We don't know who created Earth, but we do know biological processes are the reason for most things in existence
- What is simply logical, is that something had to create the first particles in existence, and we can afford this to some kind of divine being (Divine meaning we have no way of grasping this entity and what it is capable of)
- Live your life in harmony with nature, and good things will follow

# The Problem With Today's Society

Today's society has evolved to such an extent that is DOES NOT fit in with the rest of nature

The Ozone layer slowly being destroyed, the Earth's temperature slowly rising, the large death rate, the overpopulation, the deforestation etc etc etc

Humanity is falling apart, because it has no proper guidelines based on our current reality

Apart from that, there is also a gigantic lack of understanding when it comes to science and how the world is supposed to function

The reason animals dont pollute, or even remotely negatively effect the Earth's wellbeing, is because they live in harmony with nature The more human beings evolve, the more they think themselves above the natural laws that NO ONE is abiding by

We live in gigantic areas filled with stone, dangerous chemicals & gasses, processed foods, illnesses left and right etc etc etc

With every generation our population suffers more, and why? Because we are trying to play God, we are trying to create our own ecosystem that fulfills our own needs

Obesity, gender dysphoria, aids, cancer and so much more. where do you think all of these things came from?

They became more and more prevelant, because we are not living naturally anymore

In attempting to play God, we have doomed the ultimate survival of our species

Our own intelligence will be our undoing

#### But we can stop that

# How? By coming to terms with our present reality

I am a scientist, philosopher, and psychologist

By using my 16 years of knowledge in these fields, I will form a powerful ideology and discipline that will ensure humanity's survival

Think I'm crazy?

GOOD, because if you thought my idea is not completely insane, then its not ambitious enough

In order to save humanity from its own ego, one has to come to terms with reality as it is

And the truth? Its a complete cesspit

So in order to remedy this, I will underline and provide detailed understand of every field that needs to be incorporated. Number 1 is...

# Psychology

### Number 1 - The Modern Mental Illnesses

#### **Clinical Depression**

In the year 2022 depression is running rampant, so with everyone and their mothers suffering from depression it comes down to figuring out what the causes are, and not just treating the symptoms

In today's modern day medicine industry, docters only care about one things, treating the symptoms instead of the problem

Someone gets diagnosed with clinical depression, and what do psyciatrists and docters do?

#### That's right - Prescribe medication

So what's wrong with prescribing medication to someone who clearly needs it?

Nothing...

Except for the fact that depression isin't like a snake bite, you dont trip over it in the grass and become poisened by it

Its 100% self induced through poor actions and lifestyle choices

But when's the last time a psychiatrist or docter said the following words to their patient:

"You need to start jogging on a weekly basis, read a book, spend atleast 6 hours outside a day, socialize even if you are bad at it"

That's right, NEVER

They don't tell their patients that, even though it will fix most of their mental problems

But why? Naive city folk will come up with the most unintelligent idea saying, "So they can stealing all our money by charging for medication"

#### Here's what's actually happening

Those people didnt study for 8 years to steal your money, they studied for 8 years so they can actually help people

But there's one problem, and its the reason they seem like scumbags... O you want to know?

Well it's simple, they are in the occupation where they need to heal the citizens in society

And what's the problem with society?

#### Its <u>THRIVES</u> on instant gratification

So what do I mean by that?

Instant gratification is the fact that people are not willing to postpone time to reap rewards. They would much rather get everything they want IMMEDIATELY, instead of following the proper process to get what they want So what do I mean by that exactly?

#### Let me give you an example:

Hookup culture

Nowadays people just sleep around instead of building healthy relationships, and the consequences for doing this are broken hearts, more mental health issues, false perception of appropriate behavior, and so much more

So what does this have to do with instant gratification? Its pretty obvious how the two are related

These people want sex NOW, instead of following the healthy process to get it

And let's face it, nobody likes someone who tells the truth, so nobody is addressing the massive societal problem

Number 2

#### The medicine field

People would much rather pop a pill to relieve problems such as anxiety, dark thoughts, depression, the common cold, covid 19, etc etc etc

Because why not? Its easy and simple, and it fixes the problem...

#### WRONG!

Its doesnt fix the problem, its simply alleviating the symptoms

But how do you solve the problem? By doing something medicine cant do

Following the natural process to healing

So how do you do that?

By looking at your lifestyle, assessing what needs to be changed, and changing your entire lifestyle accordingly

### BUT, there's one problem

People don't want to change their lifestyles, because its just too much trouble

Getting the cold on a regular basis?

Move to an area with much more fresh air and much less car fumes, while changing your diet, exercising on a daily basis and spending atleast 6 hours a day outside

So you reading this right now, do you thin you'd easily do such a thing?

No of-course not!

Why? Because its inconvenient and follows the natural process instead of <u>IMMEDIATELY</u> dealing with the problem (momentarily)

And that, is why people won't ever fix their problems, and their gene pool will keep carrying all these potential illnesses, illnesses that will just increase in number

### So if you are reading this right now, then you are going to be different, otherwise its pointless to follow this ideology

#### Why would you do that?

Because unless you want to have the chance at dying of a heart attack at age 50, and not living past 70 while walking around like you are 40, you are going to want to follow this fundamental understanding

Cancer, diabetes, depression, or any illness of ANY KIND

NONE of these above, will EVER plague your family line again, why?

Because you don't live in a place that has so much chemical danger to your mortality, that you might as well be sending yourself to the ICU every few months Now am I saying you need move to a remote village with no medical facilities, no hygiene or anything like that? No, but it would be very smart to start planning fora move like that

Clinical Depression was the thing this subchapter was based on

Now we get to another mental illness that is running rampant

(especially in western first world countries)

And that is...



### Gender Dysphoria

Not aware that Gender Dysphoria is a mental illness?

Well that's probably because you've been indoctrinated by the American education system.

According to past records, the definition of this mental illness has been drastically changed in order to protect the feelings of those who are mentally ill

Mentally ill people DO NOT think rationally

What do I mean by that?

The things that pop up in these people's head, are not rational thoughts, they are in fact not to be taken seriously whatsoever

Just as someone who wants to kill themselves is not thinking straight, so is someone who is convinced they need to be the opposite gender

# Want to know how to tell if someone is mentally ill?

That's easy. Just listen to the thing they want, and if you ask yourself, "is this person okay?", then you probably found someone with a mental illness

Is there an exception to this rule?

#### NO

There has not been ONE PERSON on Earth who thought something irrational, where they were 100% correct

Now its important to understand that irrational and illogical are not the same thing here

Logical means something that makes sense

Irrational, is something that is not normal

Let's take Elon Musk for instance:

He wants to build a civilization on Mars

It might not be logical, but its defenitley rational

Meaning its a rational thought process to want to build a civilization on Mars incase Earth dies

it doesnt come across as a a good idea, but ensuring the survival of the human race is 100% rational

Let's get back to Gender Dysphoria and the whole problem with it

30% of Gender Dysphoria patients who transition DO NOT end up killing themselves

70% of them however, DO commit suicide because of their dysphoria

"But they turned into the gender they want, why are they still killing themselves"

Because their dysphoria never got fixed, their dysphoria was just alleviated by treating the symptoms (SOUND FAMILIAR?)

And how do you treat those symptoms? By doing gender reasignment surgery and hormone therapy

But HOW do you fix the ACTUAL problem, and what exatly IS the problem really?

Dysphoria

Dysphoria happens because of mental processing in your brain that IS NOT working correctly

While everyone is eating porridge in the morning, you are eating dirt, and you actually think its completely normal (ITS NOT!)

### Causes of Gender Dysphoria

Indoctrination:

Just like with religion, if you tell someone something enough, they will eventually believe it

Will they believe it forever? Defenitley not

Now maybe you are reading this and thinking, "who on earth is brainwashing people to start believing they have gender dysphoria?"

That's easy - Its American Media

Mental illness being normalized is a clear sign that humanity is devolving -Me Just Now

The problem with mental illness, is that its obvious someone has it, when their thoughts sound crazy

And now...

American media have started normalizing crazy thoughts, and what is the consequence?

Things that are abnormal and irrational, are now being normalized

So now even American psychology experts are actually thinking Gender Dysphoria is not a mental illness

And just like always, anything America does, the rest of the world eventually follows

#### THIS IS BAD

#### and I mean its REALLY REALLY BAD

Once something is normalized, its no longer viewed as abnormal or irrational. so now it cant be classified as mental illness anymore, because mental illness is diagnosed based on a patient having irrational thoughts

Let me tell you something quickly:

A week ago I talked to an actual American counselor who studied human brain functioning, and she actually told me that the kids she was working with (age 5-6), had been experiencing gender dysphoria symptoms, and they had gender dysphoria but they never told the parents.

This is number 1 - Why I don't trust degrees anymore. Because any naive person who lacks intelligence can get one nowadays

Number 2 - Its very common for children to experience gender confusion, which can even turn into gender dysphoria over the span of them growing up

#### BUT!

When they reach the age of 16+, they become very comfortable with their body's

This is all part of a process we all know, and its called MATURITY

So how do American children end up being diagnosed with gender dysphoria when its literally impossible? Because they are aware of the trends going on about transgenderism, then they become aware of their uncomfortable feelings with their body, they ask a few external sources about it, and BOOM! They've been indoctrinated to believe they have gender dysphoria

And they are not going to change their minds any time soon

The problem with transgenderism, is that unlike other trends, gender reasignment is practically permanent

What does this result in? The child eventually realizes their own delusion, but by then its too late and their delusional parents already paid for their gender reasignment years ago

Now this person is stuck in the wrong gender for the rest of their life

The end result? **SUICIDE** 

So now that we've gotten this far, how should you interpret this?

If you knowledge mental health, while understanding how to address the problem, then you fit here

How do you address the problem? By REMOVING THE CAUSE, instead of alleviating the symptoms by protecting the person's feelings, that are **IRRATIONAL** 

Think transgenderism should be normalized?

Then you don't belong here, because you are staring scientific proof in the face, and straight up ignoring it

Mental illness is irrational thought processing happening in your brain, and the ONLY way to get rid of the actual problem instead of the symptoms, is by going to therapy, and changing the thought patterns in your head (Turning the irrational thought, into something that is irrational)

# MORTALITY

If you form part of this ideology, then your perception of mortality will greatly effect your mental health

First thing we need to discuss is by answering the question, **"What is a person?"** 

Is a person defined by their physical appearance? According to us, NO

A body can die, but a person cannot

A person is the culmination of thoughts, mannersisms, voice, behavior patterns, beliefs, intelligence etc.

Even after losing someone, you can still know exactly what they most likely would have done in a situation. Because they are not gone.

It is VITAL that you come to this understanding, because it will greatly effect how you go through life Now that we know what a person is, we should discuss the "vessel"

The vessel is what they person resides in during life, but when their life ends their existence is not over

They are the culmination of things you could never replicate, and they will never leave you

#### Why?

Because once their body dissolves they are either absorbed into the plantlife around you, or they are cremated with their ashes representing their new body

Human beings cannot believe if they cannot see, this is the problem for the emotional pain people experience after they lose a loved one

According to this ideology, the person never truly dies, they just join life around you as ash or nature Now, clinical depression or depression is a common occurrence when it comes to these things

This happens because people become attached to the phyiscal form of the person, instead of their spirit (What they turn into after passing away)

This ideology is designed to fix many of our societal problems, including clinical depression

There are many causes for clinical depression, but living this way will ensure that loss from death does not cause psychological trauma.

Why is this important? Because unlike other psychological trauma, loss from death cannot be reversed, and this ultimately causes more death and shortens people's lifespan (Dont believe me? Can you really afford finding out? Exactly) If you are a follower of this ideology, then mortality is a limitation but also provides piece of mind

Understand that you are not some kind of divine child, but a part of a gigantic ecosystem

Following this ideology gives you two pathways to enlightnement